

<b>EVENT</b>	<b>Record</b>	<b>Record Holder(s)</b>	<b>Year Set</b>	<b>Head Coach</b>
<b>BOYS</b>				
100 m	11.04 FAT	Craig Marker	1988	Ken Switnicki
200 m	22.34 FAT	Eric Behrens	1994	John Prouty
400 m	49.30 FAT	Miles James	2016	Dennis Pynn
800 m	1:56.70 FAT	Travis Earley	1997	Kermit Moyer
1600 m	4:23.36 FAT	Matt St. James	2003	Dan Gieger
3200 m	9:26.03 FAT	Bob King	1977	Gary Boyce
110 m Hurdles	14.12 FAT	John Carr	2005	John Prouty
400 m Int. Hurdles	56.14 FAT	Chris Borgesen	1991	Ken Switnicki
4x100 relay	43.64 FAT	Adam Steinwachs	1994	John Prouty
		John Carr		
		Jermaine Goode		
		Abraham Cyrus		
4x400 relay	3:27.94 FAT	Rob Hansford	1994	John Prouty
		Jeffrey Wager		
		Adam Steinwachs		
		Eric Behrens		
4x800 relay	8:15.64 FAT	Keith Edwards	1994	John Prouty
		Greg Harding		
		Jason Knarr		
		Shawn Nedwidek		
Pentathlon	3279	Zach Kashmer	2016	Dennis Pynn
Steeplechase	10:31.96 FAT	Owen Memelo	2014	Dennis Pynn
Long Jump	22' 5.50	Myles McKinney	2016	Dennis Pynn
Triple Jump	47'10.5"	Adam Steinwachs	1995	John Prouty
High Jump	6'4.75	Zach Kashmer	2016	Dennis Pynn
Shot Put	52'5.5"	Mike Reynolds	1980	Dave Cassidy
Discus	160'0"	Matt Wermuth	1996	Paul Dick
Pole Vault	14'2"	Adam Steinwachs	1995	John Prouty

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<b>GIRLS</b>				
100 m	12.94 FAT	Janelle Radka	1996	Bill Wood
200 m	25.84 FAT	Niki Prad	1994	Bill Wood
400 m	57.24	Niki Prad	1994	Bill Wood
800 m	2:17.05 FAT	Anna Kostarellis	2015	Lisa Young
1500 m	4:49.01 FAT	Anna Kostarellis	2015	Lisa Young
3000 m	10:05.68 FAT	Anna Kostarellis	2016	Lisa Young
100 m Hurdles	15.24 FAT	Kelly Sauke	1993	Bill Wood
400 m Int. Hurdles	66.54 FAT	Marie Lloyd	1993	Bill Wood
4x100 relay	51.94 FAT	Amy Bower	1994	Bill Wood
		Julie Rose		
		Janis Rose		
		Janelle Radka		
4x400 relay	4:02.24 FAT	Tracy Wiesmore	1994	Bill Wood
		Courtney Johnson		
		Jenny Forsey		
		Niki Prad		
4x800 relay	10:08.84 FAT	Abby Monroe	2013	Dennis Pynn
		Anna Kostarellis		
		Megan Brown		
		Karli O'Neill		
Pentathlon	2378 Points	Kelly Sauke	1993	Bill Wood
Steeplechase	6:59.78 FAT	Anna Kostarellis	2015	Lisa Young
Long Jump	17' 9.5"	Elizabeth Steinwachs	1989	Bill Wood
Triple Jump	37' 1.50"	Oliva Lewis	2016	Lisa Young
High Jump	5' 6.5"	Juliana Lawniczak	2009	Dennis Pynn / Dave Cassidy
Shot Put	37' 0"	Jennifer Dunn	1983	Leslie Bowman
Discus	106' 0"	Laura Wrisley	1983	Leslie Bowman
Pole Vault	9' 6"	Becky Sillick	2002	John Prouty